

MOOD TRACKER

Color every day the right cell with the correspondent color of your emotions.

☐ HAPPY 😊

☐ SAD ☹️

☐ ENERGETIC 😄

☐ THRILLED 😁

☐ ANGRY 😡

	JUNE	JULY	AUGUST
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MY GREAT DAYS

PICK 4 OF YOUR BEST DAYS AND SHORTLY DESCRIBE IT.

★ Today __/__/__ is a great day because _____

I feel _____

★ Today __/__/__ is a great day because _____

I feel _____

★ Today __/__/__ is a great day because _____

I feel _____

★ Today __/__/__ is a great day because _____

I feel _____

HELPFUL WORDS:

With=con

mountains=montagna

have fun=divertirsi

Birthday=compleanno

of=di



PLACES



WRITE DOWN PLACES YOU WOULD LIKE TO GO, THEN ✓ IF YOU VISITED IT OR ✗ IF YOU DON'T.

- ☐
- ☐
- ☐
- ☐
- ☐

WRITE YOUR THREE BEST PLACES:



- 1.
- 2.
- 3.

DESCRIBE SHORTLY YOUR FAVOURITE PLACE AND WHY.



I love _____ because _____

there is/there are _____

USEFUL WORDS

Benches=panchine
garden=giardino

lake=lago
trees=alberi

restaurant=ristorante
peaceful=tranquillo



NEW FRIENDS

WRITE DOWN THE NAME OF THE NEW FRIENDS YOU MEET.

☐
☐
☐
☐
☐

PICK THREE FRIENDS OF YOURS AND DESCRIBE THEM.

★ One of my friend is _____ (name). He/She is _____

◆ One of my friend is _____ (name). He/She is _____

⊗ One of my friend is _____ (name). He/She is _____

☆☆☆☆ TIPS ☆☆☆☆

Ricorda di descrivere:

- Gli anni;
- L'altezza;
- I capelli;
- Gli occhi;
- Qualcosa del carattere.





WRITE DOWN THE NEW FILMS OR CARTOONS YOU SEE, THEN DRAW THE SMILE ACCORDING TO THE LEGEND:

☐
☐
☐
☐
☐

 I LIKE IT

 I DON'T LIKE IT

 I LOVE IT

WHO IS YOUR FAVORITE CHARACTER? _____

DESCRIBE IT: _____



PICK YOUR FAVOURITE ENGLISH SUMMER SONG AND WRITE DOWN THE LYRICS.





WRITE DOWN AT LEAST 4 NEW FOOD YOU TRY.

☐☐☐

I LOVE _____ BECAUSE _____

IT IS _____

I DON'T LIKE _____ BECAUSE _____

IT IS _____



NEW THINGS I LEARN

WRITE IN EACH SUITCASE ONE NEW THING YOU LEARNT.

